COMMUNITY RESOURCE GUIDE

December 2022

Catholic Urban Programs

How to contact Catholic Urban Programs:
Website: https://catholicurbanprograms.org/
Phone: 618-398-5616
Address: 7 Vieux Carre East St Louis, IL 62203

Catholic Urban Programs services are available to individuals who meet eligibility requirements and are contingent upon available funding.

Who are we, what do we offer to the community?

Catholic Urban Programs (CUP) was founded in 1973 as a department of the Diocese of Belleville by Mr. Joe Hubbard. CUP serves people in need throughout the Diocese with a concentration on East St. Louis and surrounding communities. Our social service programs work in collaboration to help meet the needs of our community's most vulnerable. As we build relationships with those we serve, we walk with Two Feet of Love in Action, helping to meet basic needs while empowering people to reach stability and self-sufficiency.

Our Mission
Guided by the principles of Catholic social teaching, we advance human dignity, remediate the effects of poverty, and empower people to become self-sufficient through crisis intervention, housing security, and out-of-school time programs.

Programs and Services offered
The HUB (Housing, Utilities, Basic Needs) is a centralized access point to CUP's crisis intervention service. Issues that are relatively minor inconveniences for most people can lead to devastating outcomes for families already burdened with the costs of meeting their basic needs. Catholic Urban Programs steps in with short-term solutions to help stabilize families in times of crisis.

- Rental assistance
- Utility assistance (Call Mon – Fri 618-398-5616 ext 213 or Li-Heap 618-257-9246)
- Funeral and burial support (Call Tue, Wed, Thur 618-398-5616)
- Assistance with beds and appliances in emergent situations such as fire or securing housing after a period of homelessness.

HUB FOODS (OPEN 9AM – 12PM & 1PM – 3PM TUE, WED & THUR, EXCEPT HOLIDAYS)

The services listed in this directory can change at any time due to funding and/or resources available.

The flagship program of “The HUB” location of Catholic Urban Programs is HUB Foods. The new pantry program opened to the public in July 2020 and has been received very positively by those who visit. In the new model, clients “shop” for their food, much like in a grocery store. The pantry is organized by food groups, with the first section being fresh produce. Clients select items from each shelf based on their family size. The option to choose one’s own food fosters an atmosphere of respect and builds trust among pantry guests, volunteers, and staff. HUB Foods is currently serving more than 100 households each month. Our goal is to create a robust membership program through which we build relationships with those we serve, helping to identify and remove barriers to stability and self-sufficiency through connections to CUP’s ancillary services and/or other community organizations.

HOLY ANGELS SHELTER & HOUSING SERVICES (INTAKE TO THE SHELTER IS THROUGH A CENTRALIZED REFERRAL SYSTEM. CONTACT THE HOUSING RESOURCE CENTER AT 618-825-3330_

Having affordable, safe and stable places to live anchors families and individuals, enabling them to reach their full potential in all areas of their lives. CUP housing security efforts focus first on preventing homelessness. For families experiencing homelessness at our Holy Angels Shelter, we concentrate on personalized, intensive case management services aimed at moving them back to self-sufficiency as quickly as possible. Seeing our clients reach housing that is both permanent and safe is the ultimate goal.

HOMELESS PREVENTION

In addition to being what is best for families and individuals, the most cost effective way to deal with the issues of homelessness is to prevent it from happening.

CUP’s homeless prevention focus includes:

- Rental assistance (first month’s rent and security deposit).
- Housing arrears and utility support for those facing eviction.

HOLY ANGELS EMERGENCY SHELTER

Holy Angels is an 18-bed, 24/7 shelter program serving single women, mothers with children, and intact families. In addition to meeting basic needs of safety, food, clothing, and shelter, CUP’s intensive case management program is centered on personalized housing stability plans.

EMERGENCY MOTEL

Partnership with the Illinois Department of Human Services, and with funds contributed by private individuals, CUP delivers emergency

motel nights for people in short-term housing crises, including victims of issues such as domestic violence. The voucher program adds capacity when shelters are full and keeps families together and safe until permanent housing solutions are found.

ANCHORS SAFE AND PERMANENT HOUSING PROGRAM

ANCHORS is Catholic Urban Programs' trauma-informed housing security program that addresses the safety and well-being needs of clients residing in the East St. Louis Public Housing Developments. This innovative initiative is in response to feedback from some Griffin Center families who are currently paying market-rate rent in public housing. These clients report feeling "stuck" due to the lack of savings for security deposit and first month's rent. This strategic effort is aimed at helping move families living in unsafe, violent and deteriorating public housing into safer neighborhoods to enhance their physical and mental well-being.

GRIFFIN CENTER

Griffin Center programming is focused on breaking the cycle of intergenerational poverty for children in East St. Louis Public Housing through a multi-faceted approach that includes:

- After School Programming and Summer Camps at five public housing sites
- Advocacy and academic monitoring of participants in collaboration with their respective schools
- Second Step method Violence prevention training

The Griffin Center serves approximately 200 children each year. At the highest level, the Center defines success in terms of the number of children in the program performing academically at grade level. Their Success is Our Success.

Watch List

The Griffin Center watch list program was created to help Center staff keep track of children with GPAs of 2.0 and below. Students on the watch list are given extra academic and social-emotional support needed to help improve school attendance and overall academic performance.

Academic Performance

Over the past five years, Griffin Center participants achieved the following results: Honor Roll attainment rose from 34% to 44%, and watch list placements decreased from 34% to 16%, resulting in more on-grade promotions.

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HOW TO USE THE COMMUNITY RESOURCE GUIDE

The guide has four sections:

- Types of Resources - Resources are divided into categories with organizations offering resource listed below; pg. 12 - 15
- Hotlines & Websites - Hotlines and websites are listed alphabetically; pg. 16 - 17
- Food Pantries - Food pantries are separated by town and include location, date of distribution and eligibility information if provided; pg. 18 - 23
- Organizations - Organizations are listed alphabetically and include contact information, services offered, possible cost and eligibility requirements; pg. 22 - 44

Before you begin:

1. Make a list of your needs and prioritize the list to seek help for the ones most important first.
2. Review the Types of Resources section for organizations that assist with your need(s).
3. Click on the link to be redirected to the organization's information or check the Table of Contents for the page number.
4. Have a paper and pencil ready to take notes when you make a call or review the website.
5. Visit the organization's website or call the organization for more information or to apply for their services.
    a. If calling, be ready to give a brief but complete account of your need, eliminating unrelated information. You may be asked to provide your name, contact information, and where you can be reached, if needed.
6. Take notes during the call including the name and titles of people you talk to and confirm their phone number. Keep your notes together on all your contacts to each organization so you can supply information when you make a follow up call.
7. Remember to say thank you to those who assist you!

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TYPES OF RESOURCES

CLOTHING & FURNITURE

- Beacon Ministry
- Community Hope Center
- Good Samaritan Center
- House of Neighborly Service
- Infant Loss Resources
- Lessie Bates Davis Neighborhood House
- LifeWise STL Economic Mobility Services
- Moms on a Mission
- Pregnancy Care Center
- Saint Vincent DePaul Help Center
- Salvation Army
- Sleep in Heavenly Peace
- Soup-n-Share Outreach
- Urban League

DISABILITY, DISABLED, or HANDICAP ASSISTANCE

- Collinsville Faith in Action
- Community Link
- Health Visions
- Helping Hands Medical Transportation
- Land of Lincoln Legal Aid
- Lutheran Social Services of Illinois
- LINC Inc
- Metro Reduced Fare Program
- Social Security Administration

DOMESTIC VIOLENCE RESOURCES

- ALIVE
- Crisis Nursery
- Oasis Women's Shelter
- The Violence Prevention Center

DROP-IN CENTERS

- Saint Vincent DePaul Drop-in Center

EMPLOYMENT & TRAINING

- Community Lifeline
- Community Link
- East Side Heart & Home Family Center
- House of Neighborly Service
- Lessie Bates Davis Neighborhood House
- Saint Vincent DePaul Help Center
- Soup-n-Share Outreach
- St Clair County Intergovernmental Grants
- Urban League

FAMILY SERVICES

- BCMW Community Services
- Children's First Foundation
- Children's Home and Aid
- Community Lifeline
- Crisis Nursey
- Infant Loss Resources
- Lessie Bates Davis Neighborhood House
- LifeWise STL Economic Mobility Services
- Moms on a Mission
- Pregnancy Care Center
- Salvation Army
- Soup-n-Share Outreach

FOOD PANTRIES

- Alorton
- Belleville
- Cahokia
- Carlyle
- Centreville
- Columbia
- Cottage Hills
- Dupo
- East St Louis

The services listed in this directory can change at any time due to funding and/or resources available.

- Edwardsville
- Fairview Heights
- Germantown
- Granite City
- Madison
- Washington Park
- Waterloo

HOUSING

- ALIVE
- BCMW Community Services
- Belleville General & Community Assistance
- Chariti Home Ministries
- Community Development Block Grant Operation Corp.
- Fontebella Maternity Shelter
- Good Samaritan House
- Homeless Hotline
- LINC
- Oasis Women's Shelter
- Saint Vincent DePaul Help Center
- Salvation Army
- St Clair County Intergovernmental Grants
- The Joseph Center
- The Violence Prevention Center

HUMAN SERVICES

- BCMW Community Services
- Belleville General & Community Assistance
- Call for Help
- Catholic Charities
- Community Hope Center
- East Side Heart & Home Family Center
- Good Samaritan Center
- Help at Home
- House of Neighborly Service
- LifeWise STL Economic Mobility Services
- Lutheran Social Services of IL
- Saint Vincent DePaul Help Center
- Salvation Army
- St Clair County Intergovernmental Grants
- Western Egyptian E.O.C.

IMMIGRANT SERVICES

- Immigration Project
- International Institute – St Louis

LEGAL SERVICES

- Call for Help
- Catholic Charities
- Children's First Foundation
- Immigration Project
- Land of Lincoln Legal Aid
- The Violence Prevention Center
- Urban League

MENTAL HEALTH

- Call for Help
- Catholic Charities
- Chestnut Health Systems
- Lutheran Social Services of IL
- Saint Vincent DePaul Help Center
- St Clair County Intergovernmental Grants

MEDICAL

- Catholic Charities
- Community Hope Center
- Crisis Nursery
- Eyes of Hope
- Help at Home
- LINC Inc
- RX Outreach
- SIUE School of Dental Medicine
- St Clair County Intergovernmental Grants
- Southern IL Healthcare Foundation - SIHF

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MISCELLANEOUS

- CHASI – Child Care Resource & Referral
- Help at Home
- Illinois Department of Human Services
- LifeWise STL Economic Mobility Services
- Social Security Administration
- United Way

MONEY MATTERS

- Gateway EITC Community Coalition
- Prosperity Connection
- Saint Vincent DePaul Help Center
- Urban League
- Western Egyptian E.O.C

PETS

- Belleville Area Humane Society
- Metro East Humane Society
- Red Rover
- Riverbend Pet Food Pantry

RE-ENTRY

- Community Lifeline
- Lutheran Social Services of IL
- Our Brother's Keeper
- TASC – Treatment Alternatives for Safe Communities

SENIOR SERVICES

- BCMW Community Services
- Collinsville Faith in Action
- Community Development Block Grant Operation Corp.
- East Side Heart & Home Family Center
- Health Visions
- House of Neighborly Services
- Lessie Bates Davis Neighborhood House
- LifeWise STL Economic Mobility Services
- Lutheran Social Services of IL
- Metro Reduced Fare Program
- Southwestern IL College Programs and Services for Older Persons
- Soup-n-Share Outreach
- Western Egyptian E.O.C.

SUBSTANCE ABUSE TREATMENT

- Alcoholic Rehabilitation Community Home (ARCH)
- Chestnut Health Systems
- Lutheran Social Services of IL

TRANSPORTATION

- Catholic Charities
- Collinsville Faith in Action
- Health Visions
- Help at Home
- Helping Hands Medical Transportation
- Metro Reduced Fare Program
- Southwestern IL College Programs and Services for Older Persons

UTILITY ASSISTANCE

- BCMW Community Services
- Beacon Ministry
- Li-Heap for Clinton County
- Li-Heap for St Clair County
- Saint Vincent DePaul Help Center
- Salvation Army
- St Clair County Intergovernmental Grants
- St Vincent DePaul – Clinton County
- Urban League
- Western Egyptian E.O.C.

VETERANS

- American Veterans Care Connection
- Metro East Vet Center

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- St Clair County Veterans Assistance Commission
- The Joseph Center

WOMEN'S SERVICES

- Fontebelle Maternity Shelter
- Good Samaritan House
- Project Compassion

YOUTH SERVICES

- Big Brothers Big Sisters of Southwestern IL
- Cardinal Glennon Baby Home Safety
- Chariti Home Ministries
- Chestnut Health System
- Children's Home and Aid
- Children First Foundation
- Christian Activity Center
- Community Lifeline
- Community Link
- Crisis Nursery
- East Side Heart & Home Family Center
- Eyes of Hope
- Good Samaritan Center
- Good Samaritan House
- Jackie Joyner Kersee Center
- Join Hands ESL
- LifeWise STL Economic Mobility Services
- Lessie Bates Davis Neighborhood House
- Lutheran Social Services of IL
- Pregnancy Care Center
- Project Compassion
- Sleep in Heavenly Peace
- St. Louis Diaper Bank
- Soup-n-Share Outreach
- The Violence Prevention Center
- Urban League

HOTLINES & WEBSITES

- Additional Hotline (National Drug Helpline)
- Alcoholics Anonymous
- Child Abuse & Neglect
- Cocaine Anonymous
- Crime Stoppers
- Elder Abuse Reporting
- Gamblers Anonymous
- Homeless Hotline
- Hunger Hotline
- Illinois Department of Human Services
- Illinois Shelter Hotline
- National Domestic Violence Hotline
- National Human Trafficking Hotline
- National Runaway Safeline
- National Suicide Prevention Hotline
- Nursing Home Abuse
- Operation Food Search
- Phoenix Crisis Center
- Sexual Assault Crisis Line
- Substance Abuse and Mental Health Services Administration
- Trevor Lifeline
- United Way
- Veterans Crisis Hotline
- Wonder Moms

The services listed in this directory can change at any time due to funding and/or resources available.

HOTLINES & WEBSITES

Addiction Hotline (National drug helpline)	888-633-3239	
Alcoholics Anonymous	800-839-1686	https://aa-district18.org/meetings/ (Madison county only)
Child Abuse and Neglect	800-252-2873	
Cocaine Anonymous	314-361-3500	
Crime Stoppers	866-371-TIPS (8477)	
Elder Abuse Reporting	866-800-1409	
Gamblers Anonymous	855-222-5542	www.stlga.org/meetings.html
Homeless Hotline	618-825-3330 St Clair county 618-296-5300 Madison County	
Hunger Hotline	314-726-5355 ext. 1	
Illinois Department of Human Services	800-843-6154	www.abe.illinois.gov
Illinois Shelter Hotline	618-397-5730	
National Domestic Violence Hotline	800-799-7233	
National Human Trafficking Hotline	888-373-7888	www.humantraffickinghotline.org
National Runaway Safeline	800-RUNAWAY Text 66008	www.1800runaway.org
National Suicide Prevention Hotline	800-273-8255 Text HELLO to 741741	
Nursing Home Abuse	800-252-4343	

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Operation Food Search	314-726-5335 ext. 1 Text zip code to 785-503-3310 to receive locations near you	www.operationfoodsearch.org/find-food
Phoenix Crisis Center *Crisis hotline for temporary emergency shelter, legal advocacy, and counseling for women & children who are victims of domestic violence.*	618-451-1008	
Sexual Assault Crisis Line	618-397-0975 or 800-656-4673 Text HOME to 741741	
Substance Abuse & Mental Health Administration	800-662-HELP (4357)	
Trevor Lifeline *Provides support to LGBTQ*	866-488-7386	www.thetrevorproject.org
United Way	Call 211	www.211helps.org
Veterans Crisis Hotline *A free confidential resource available to anyone who was or is in military and experiencing a crisis or their loved ones who support them. Responders can put you in touch with local resources*	800-273-8255 Press 1 Text 838255 Chat online	 www.veteranscrisisline.net
Wonder Moms *Provides resources for parents of children with intellectual disabilities, down syndrome, autism, and other disabilities.*		www.wondermoms.org

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FOOD PANTRIES

Alorton

Bond Avenue Missionary Baptist Church Thursday 6 – 8pm 4901 Bond Ave, Alorton IL 618-410-6668	**Calvary Missionary Baptist Church** 1st & 3rd Wednesday 10am – 2pm 801 S 50th St, Alorton, IL 62207 618-332-1256

Belleville

Cathedral of St Peter Tuesday & Thursday 9 – 11AM 200 W. Harrison, Belleville IL 62220 618-234-1166 618-550-3883 Ron Lassman	**Salvation Army** Thursday 9 am – 12pm 20 Glory Place Belleville IL, 62226 618-235-7378
Community Interfaith Food Pantry (CIFP) Monday, Thursday , Friday 1 – 3pm Tuesday, Saturday 9 – 11am 1218 W Main St, Belleville IL 62220 www.feedbelleville.org – for eligibility requirements *Required to provide photo id and proof of residency showing residence is located withing zip codes 62220 – 62226.*	**St Augustine Church** Tuesday & Friday 9am – 12pm 1910 W. Belle St, Belleville IL 618-233-3813 *Required to provide a photo id showing residence in Belleville or Swansea*
Faith Baptist Church Fishes and Loaves Food Pantry Wednesday 10am – 1pm 428 East A St, Belleville IL 62220 618-235-6977 *Resident of Belleville, Mascoutah, Swansea, or Scott Air Force Base. Required to bring a photo ID and a piece of mail providing residency.*	**Union Methodist Church** Monday & Friday 9 – 11:45am 721 E Main St, Belleville IL 62220 618-233-6375
Green Mount Rd Christian Church Service 3rd Saturday 10 – 11am 25 N Greenmount Rd, Belleville IL 618-234-5247 *This is not a food pantry; they provide a bag of groceries. This is first come first serve, no eligibility requirements.*	

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Cahokia

Cahokia Community Basket Wednesday 3:45 – 5:45pm 300 Annuciation Court, Cahokia IL 62206 618-606-0829		**Cahokia Senior Nutrition Center** Monday – Friday 8am – 2pm 190 Cahokia Park Dr, Cahokia IL 618-337-9515 *Seniors Only: Call the day before to schedule ride if needed*
Jeremiah's Food Pantry 1st Thursday of the month and every Monday doors open at 1pm 538 S 35th St, Cahokia Heights, IL 62207 314-537-2448 https://www.facebook.com/Jeremiahs-Food-Pantry-184416268276298/ *No eligibility requirements, no ID needed.*		

Carlyle

Matthew 25 Ecumenical Food Pantry Wednesday 9 – 11am 1171 Livingston St, Carlyle IL 62231 618-594-2225 www.facebook.com/groups/804764313301041 *Serves residents of Clinton county, provides food 1x per month*	

Columbia

Community Hope Christian Church Friday 9:30am – 12:30pm 9273 Coach Stop Rd, Columbia IL 62236 618-939-9085 https://www.hopeforhim.com/foodpantry *Anyone is able to come get food at this food pantry.*	**St Paul's Lutheran Church** 1st & 3rd Wednesday 1:30 – 3:30 227 Goodhaven Dr, Columbia IL 62236 618-281-4600 *Serves residents of Monroe and St. Clair county*

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Cottage Hills

Community Hope Center Monday, Wednesday, Friday 9am – 1PM appointment are required 1201 Hope Center Lane, Cottage Hills IL 62018 618-259-0959 or 618-251-8021 to schedule appointment	

Dupo

Moms on A Mission Friday, Saturday 9am – 3pm 440 McBride Ave, Dupo, IL 618-286-3631 www.facebook.com/momsonamission618.stl	

East St Louis

Divine Community Corp Thursday 3 – 5pm 618 Summit Ave, East St Louis IL 618-274-1700	**Haynes Miracle Temple** Wednesday 7am – 9am 823 Summit Ave, East St Louis IL 618-558-2285
Good Samaritan Center 5000 N Park Dr, East St Louis IL 62204 618-482-3950 or 618-719-1638 (cell)	**St Vincent De Paul Help Center** 3718 State St East St Louis IL 618-271-6230 Cosgrove's Soup kitchen – Free noon meal Mobile kitchen bus – brings meals into neighborhoods to feed the hungry four nights a week.

Edwardsville

Glen Ed Food Pantry Monday & Wednesday 3 – 5pm Tuesday, Thursday, & Friday 9 – 11:30am 125 5th Ave, Edwardsville IL 62025 618-656-7506 appointments recommended Click here to schedule	www.glenedfoodpantry.org *Provide mail proving residency within Edwardsville School District #7* No residency requirements assistance provided for: Food - 3rd Wednesday of the month 3pm – 7pm Clothing 4th Saturday of the month 8am – 12pm ($5 donation to fill a bag)

Fairview Heights

Fairview Heights Area Food Pantry Monday - Friday 9 – 11am 10025 Bunkum Rd Rear, Fairview Heights Il Follow drive to back of city hall	**Urban League** Tuesday & Thursday 8:30am – 11:30am 10220 Lincoln Trail, Fairview Heights IL 62208 618-274-1150

The services listed in this directory can change at any time due to funding and/or resources available.

618-398-0292 https://www.facebook.com/FH.Pantry/ *Serves residents of Fairview Heights. Required to provide Driver's license or photo id and a utility bill dated in the last 30 days.*	*Required to be 18yrs or older and have picture iD for assitance*

Germantown

St Vincent De Paul Monday 10:30AM – 1:00PM 602 Church St, Germantown IL 62245 Shirley 618-523-4260 John 618-363-6588 *Serves residents of Damiansville, Albers, Aviston, Germantown, or Bartelso. Required to complete a form to receive a bag of groceries*	

Granite City

Community Care Center Monday – Thursday 9am – 2:30pm 1818 Cleveland , Granite City IL 618-876-8770 *Serving residents of Granite City, Madison, Mitchell, Pontoon Beach or Venice*	Rivers of Life Community Church 2nd Wednesday of month 6 – 8 pm 3131 East 23rd St, Granite City IL 618-797-7933 *Only serve residents of Granite City, Madison, Mitchell, and Pontoon Beach. Must bring a photo ID and piece of mail to prove residency as well as box or basket to carry food* Soup Kitchen serves meal every Sunday @ 5pm in church kitchen

Madison

Soup-N-Share Outreach Wednesday 12pm – 12:45pm Friday 3 – 4:30pm 1 Caine Dr, Madison IL 62060 618-709-7500	Hot meal provided on Fridays during pantry distribution Senior Box Program provides food to low income seniors 60+ years old

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Washington Park

Faith by Works Sunday 2:30 – 5pm 5900 Forest Blvd, Washington Park IL 618-514-1548	**Mt Calvary Cogic Pantry** Tuesday & Thursday 6 – 8pm 1420 N 49th St, Washington Park IL 618-271-0494

Waterloo

House of Neighborly Service Monday – Thursday 9am – 3pm 1331 Jamie Lane, Waterloo IL 62298 618-939-8680 Call to discuss assistance needed	**Western Egyptian E.O.C** 2nd & 4th Monday of month 11am – 3pm 207 W Fourth St (Rear), Waterloo IL 62298 618-737-0101 Income eligibility required Senior Program provides assistance to those 60+ with no income guidelines and offers home meal delivery.

The services listed in this directory can change at any time due to funding and/or resources available.

ORGANIZATIONS

ALCOHOLIC REHABILITATION COMMUNITY HOME (ARCH) www.archhouse.org

1313 21ST St, Granite City IL Phone: 618-877-4987

Email: Ryoung@Archhouse.Org to schedule an interview or for more info

Type Of resources offered: Substance Abuse Treatment, DUI Evaluation, Driver Risk Education Classes

Explanation of services: Extended care residential treatment center providing care for men struggling with substance use disorders.

Cost: Treatment costs is based on sliding scale proportional to client's income once gainful employment is obtained.

Eligibility requirements: Males, 18 years or older; Struggling with substance abuse

ALIVE www.alivestl.org 24-HOUR CRISIS LINE 314-993-2777

PO Box 28733, St Louis MO 63146 Phone: 314-993-7080

Email: alivestl@alivestl.org

Type of resources offered: Domestic violence resources, Housing

Explanation of services: Provide counseling, emergency sanctuary and other critical services to adults and children impacted by domestic abuse.

Cost & Eligibility requirements: No cost & no eligibility requirements noted: not gender specific or orientation

AMERICAN VETERANS CARE CONNECTION www.avcchomecare.com

12300 Old Tesson Rd, Ste 400c, St Louis MO 63128 Phone: 855-601-4770 Hours: Monday – Friday 8am – 5pm

Type of resources offered: Veterans Services

Explanation of services: Assist veterans and surviving spouses to apply for assistance for home care services that can help with activities of daily living or personal care.

Cost & Eligibility requirements: No out of pocket costs ; VA eligibility guidelines; Must complete 15-minute phone screening

BEACON MINISTRY www.beaconministry.online/

Resource call center: 618 -416-4538 M – TH 10am – 1pm

Type of resources offered: Resource call center, Homeless Outreach, Furniture

Explanation of services: Resource call center- helps callers make a plan for handling immediate crisis, provide limited financial assistance, offers life coaching service to help improve finance management & income. Makes connections to other needed community services including job placement. If furniture assistance is needed, call the resource center to place a request.

Cost & Eligibility requirements: Call for details

The services listed in this directory can change at any time due to funding and/or resources available.

BCMW COMMUNITY SERVICES www.bcmwcommunityservices.org

625 N 2nd St, Breese IL 62230 Phone: 618-526-7123 Contact Karen Roberts M – TH 8am – 4pm

Type of resources offered: Human Services, Senior Services, Employment & Job Training, Family Services, Utility Assistance,

Explanation of services: Provides a range of services to assist low-income people to attain skills, knowledge, and self-sufficiency. Emergency services offered: weatherization services; housing rehabilitation; energy assistance; transitional housing; rental housing support; head start program; employee support program (expenses for uniforms, car repairs, etc.); emergency services (food, shelter, medication and transportation in emergency situations); family and community development (program to assess a family's needs and resources and work to devise a plan with the family to lead to self-sufficiency); career readiness (support for eligible students enrolled in Kaskaskia collect can-plus program; and scholarships

Cost: Call for details

Eligibility requirements: Contact Karen Roberts for details

BELLEVILLE AREA HUMANE SOCIETY www.bahspets.org

1301 S. 11th St, Belleville IL 62226 Phone: 618-235-3712 (press 0) Tue – Sat 10am – 5pm

Type of resources offered: Pet Services

Explanation of services: Variety of animal services including adoption, affordable spay & neuter options, vaccination clinics, microchipping, dog training classes, re-homing advice & resources, emergency veterinary assistance and pet food pantry.

Monthly pet resource pantry – please call for appt. Last Sunday of each month 1 – 3pm. Pets must be fixed or on spay/neuter waitlist

Cost: Call for details

Eligibility requirements: Call for details

BELLEVILLE GENERAL & COMMUNITY ASSISTANCE https://www.belleville.net/594/General-Community-Assistance-Program

512 W Main St, Belleville IL 62220 Phone: 618-233-6518 to schedule an appt Hours: Mon – Fri 8am – 12pm, 12:30pm - 4:30pm

Type Of resources offered: Human Services; Housing

Explanation of services: Helps Belleville residents in need through general assistance for various issues including housing, emergency grants, community grants and gives referrals

Cost: Call for details

Eligibility requirements: Must complete an intake form before appointment. Intake form can be found Here

BIG BROTHERS BIG SISTERS OF SOUTHWESTERN IL www.bbbsil.org

2900 Frank Scott Pkwy W Suite 956, Belleville IL 62223 Phone: 618-398-3162

Email: info@bbbsil.org

Type of resources offered: Youth Services

Explanation of services: Provides mentoring services to at-risk youth ages 6-14. Children's counseling services are also available

Cost & Eligibility requirements: Residents of St. Clair, Madison, Monroe and Clinton county

The services listed in this directory can change at any time due to funding and/or resources available.

CALL FOR HELP www.callforhelpinc.org 24 HOUR SEXUAL ASSAULT CRISIS HOTLINE 618-397-0975

9400 Lebanon Rd East St. Louis, IL 62203 Phone: 618-397-0968

Sexual Assault Victims Care Unit: East St Louis 618-271-8990 Troy 618-667-3350 Alton 618-462-0552

Call for appointment and visit website for additional information and referrals

Type of resources offered: Mental Health, Human Services; Homeless Assistance, Legal Services

Explanation of services: Comprehensive crisis and other services including sexual abuse and assault. They offer programs to help individuals overcome crisis, trauma, and homelessness through stabilization, transition, and support programs including:

Sexual Assault Victims Care Unit – medical & legal advocacy, counseling;

Community Counseling Services – mental health counseling;

Community Stabilization Program – residential program that assists homeless with mental health diagnosis transition to successful independent living;

The Living Room – in-person case management services to help those in crisis

Transitional Living Center – offer support and teach skills that allow young parents to be successful and live independently; requires a referral through the continuum of care hotline 618-825-3330

Cost: Counseling services – sliding fee (based on your income); Living room – No fee

Eligibility requirements: Call for details. Transitional housing requires a referral through the continuum of care 618-825-3330; Community stabilization program requirements: 21+ yrs old, Covered by Medicaid, meets guidelines of eligibility.

CARDINAL GLENNON BABY HOME SAFETY www.glennon.org/safetyprogram/

Visit website or call Safety program office 314-678-5474 option 1

Type of resources offered: Youth Services

Explanation of services: Provides car seats at no cost for children under age 1 along with parent education. Car seats over age one are available through local child passenger safety partners.

Cost & Eligibility requirements: No cost, call for eligibility

CATHOLIC CHARITIES www.cc.dio.org

1821 Edison Ave, Granite City IL 62040 Phone: 618-877-1184

Type of resources: Human Services; Legal Services; Mental Health; Medical Assistance; Transportation

Explanation of services: Emergency financial assistance for rent and utilities in order to prevent homelessness. Provide bus tokens, gas cards, help obtain birth certificates or ID's. Help to obtain pro bono legal assistance; Prescription assistance for those with no or limited drug coverage. Can assist with medical supplies if funds allow. Provide individual, couple and family counseling by licensed professionals.

Rental assistance contact 618-296-5300 to have referral submitted

Cost & Eligibility requirements: Call for details

The services listed in this directory can change at any time due to funding and/or resources available.

CHARITI HOME MINISTRIES www.charitihome.org

PO Box 23426, Belleville IL 62221 Phone: 618-300-0071 Hours: Monday – Friday 8AM – 4PM

***Type of resources**:* Youth Services, Housing

***Explanation of services**:* Empowering teenage mothers and fathers toward becoming intendent, responsible and nurturing parents.
Crisis Management – linking young parents to shelters, case management, counseling, and doctors. May also provide gift cards for food, clothing, formula and bus passes or link individual to appropriate agencies.
Personal Goals – will work to establish and achieve personal goals related to healthcare, emotional stability, educational enhancement & vocational readiness.
Parenting skills – Teaches parenting skills
Independent living – Household management, budgeting, parenting skills and access to community resources

***Cost & Eligibility requirements**:* No cost*;* Girls age 13 – 19 years old; Resident of St. Clair or Madison county

CHASI – Children's Home & Aid www.childrenshomeandaid.org/

601 James R Thompson Blvd Bldg. E, East St Louis IL 62201 Phone: 618-874-0216

For Additional Locations In Metro East: https://www.childrenshomeandaid.org/cha-locations/southern-region/

***Type of resources**:* Youth Services, Miscellaneous

Explanation of services: Childcare resources and referrals, Provides counseling to children and families. Programs for pregnant teens and single moms. Adoption services, intact family services, extended family support, foster care, parent support services including grandparents raising grandchildren

Cost & Eligibility requirements: No Cost, Call for eligibility details

CHESTNUT HEALTH SYSTEMS www.chestnut.org CRISIS LINE 618-787-0316

12 N 64TH St, Belleville IL 62223 Phone: 618-397-0900 Hours: Mon, Thu, Fri 8am – 5pm; Tu, Wed 8am – 8pm

***Type of resources**:* Mental Health Services; Youth Services, Substance Abuse Services

***Explanation of services**:* Behavior healthcare services including: addiction treatment for adolescents & adults; prevention services; individual & group outpatient therapy/counseling for adults, children and adolescents; 24-hour crisis intervention services; supervised and supported housing; psychosocial rehabilitation; vocational services; pre-administration screening for nursing facility placement; adult case management; mental health juvenile justice for adolescents; psychiatric services for children, adolescents and adults

Cost & Eligibility Requirements: Sliding scale, accepts insurance and Illinois Medicaid; For residents of Belleville, eastern St. Clair County & Madison County, call for details

The services listed in this directory can change at any time due to funding and/or resources available.

CHILDREN FIRST FOUNDATION www.children1stfoundation.org

1909 Dublin Blvd, Ste B, Belleville IL 62221 Phone: 618-235-6192 option 2 Office hours: Monday – Friday 9am – 3pm
Madison County Kids' Corner 101 E. Edwardsville Rd Wood River, IL 62095 Phone: 618-251-6214

Type of resources: Youth Services; Legal Services, Family Services
Explanation of services: Visitation exchange centers – neutral site for court ordered child exchanges.
Parenting classes Wednesday & Thursday 6 – 8pm and 2nd Fri of the month 9am – 1pm
Cost & Eligibility Requirements: No cost visitation exchange center; see website or call for more details about other services

CHRISTIAN ACTIVITY CENTER www.cacesl.org

540 N 6th St, East St Louis IL 62201 Phone: 618-874-5615

Type of services: Youth Services
Explanation of services: Offers year-round programming for youth in three core areas: faith, education & recreation.
Cost & Eligibility requirements: *No cost for services, call for eligibility details*

CLINTON COUNTY EMPLOYMENT AND TRAINING OFFICE

1071 Fairfax St, Carlyle IL 62231 Phone: 618-594-4520

Type of resources: Employment & Training
Explanation of services: Provides individuals looking for a career to learn options and find a path to their goal. Provides information you need to get going on your job today
Cost & Eligibility requirements: Call for details

COLLINSVILLE FAITH IN ACTION www.fiacollinsville.org

233 N Seminary, Collinsville IL 62234 Phone: 618-344-8080 schedule required appointment Hours: Mon – Thu 8:30am – 5pm
Answers on Aging phone: 618-344-7788 schedule appointment

Type of Resources: Transportation; Senior Services, Disabled Services
Explanation of Services: Provides transportation, shopping, companionship, family respite, seasonal yard maintenance & minor home repair for the elderly & disabled.
Elder Connection – Monthly social events to local attractions, events, etc. transportation provided. see schedule of events on website.
3-7 days' notice is needed depending on nature of request, serves Caseyville, Collinsville, Maryville, & state park il
Cost & Eligibility requirements: No cost; Call for eligibility details

The services listed in this directory can change at any time due to funding and/or resources available.

COMMUNITY DEVELOPMENT BLOCK GRANT OPERATION CORPORATION www.cdbgops.org

510 N 25th St, East St Louis IL 62205 Phone:618-274-7835 Hours: Monday – Friday 8:30am – 4:30pm

Type of services: Housing, Senior Services

Explanation of Service: Assists low/moderate income residents in housing rehabilitation and neighborhood stabilization programs; demolition projects; assists in purchasing home. provides emergency home repair for senior citizens.

Cost & Eligibility Requirements: Serves residents of East St Louis and surrounding communities, call for details

COMMUNITY HOPE CENTER www.communityhopecenteril.org

1201 Hope Center Lane, Cottage Hills IL 62018 Phone: 618-259-0959 Mon, Wed, Fri by appt 9am – 1PM.

To schedule appt 618-251-8021 (required)

Hours: Drive Thru Distribution Tue 9am – 12pm & Thur 5 – 7pm; Grab N Go Sack Lunches Mon – Wed & Fri 10am – 1pm

Type of services: Human Services: Food, Clothing, Medical, Health clinic

Explanation of services: Services Include: Client food choice market, clothing, Walk-in clinic hours with Dr Schroeder every other Thursday, no appointment needed

Soup for the Soul Café offers sack lunches when accessing the market

Medical clinic every other Thursday starting @ 10am pending volunteer physicians' availability. Clinic calendar available on website.

Haircuts when volunteer stylist is available

Cost & Eligibility requirements: No residency requirements – serve all areas; call for more information

COMMUNITY LIFELINE www.communitylifelineestlnp.org or www.cllestl.org

1764 State St, East St Louis IL 62205 Phone: 618-482-2950 call for appointment Hours: Monday – Friday 9am – 5pm

Type of resources: Youth Services; Family Services: Employment & Training; Re-entry

Explanation of services: A faith based comprehensive outreach program designed to improve and enrich the lives of urban youth and families. Have programs including family resource & advocacy center, parenting classes for students & parents, counseling center, employment readiness, training, reentry program, de-escalation training, anger management, food & laundry, diapers & formula

Cost & Eligibility requirements: None

COMMUNITY LINK www.commlink.org

1665 N Fourth St, Breese IL 62230 Phone: 618-526-8800

Developmental Training Site & Production Workshop

9815 Bunkum Rd, Fairview Heights IL 62208 Phone: 618-397-1655

Type of resources: Disabled Services; Youth Services, Employment & Job training

The services listed in this directory can change at any time due to funding and/or resources available.

Explanation of services: Serve residents with developmental disabilities. Children's program emphasizes home-based infant stimulation & parent training. Adult program includes vocation & community living skills, evaluation, training, job counseling placement, residential programs, training & work activity.
Cost & Eligibility requirements: Call for details

CRISIS NURSERY www.crisisnurserykids.org 24-HOUR HOTLINE 314-786-3201 or 314-338-2200

2433 N Grand Blvd, St Louis MO 63106 Phone: 314-533-6900

Type of Resources: Youth Services; Family Services, Domestic Violence Resources, Medical
Explanation of Services: Offers services to residents of Illinois and Missouri. Provides a short-term safe haven for children 0 – 12 yrs. old during emergencies, illness, homeless, domestic violence, overwhelming parental stress
Crisis Care - individualized therapeutic interventions, medical screening & intervention, nutritious meals & snacks, developmentally appropriate play activities, art & play therapy, developmental assessment, nurturing therapeutic care, take home supplies.
Family Empowerment Program - immediate crisis intervention, family stabilization case management, strength-based counseling, parenting support, parent education groups. family empowerment program is offered entirely in Spanish, with an emphasis on meeting needs of Latino families
Cost & Eligibility requirements: Call for details

EAST SIDE HEART & HOME FAMILY CENTER www.familycenterestl.org

705 Summit Ave, East St Louis IL 62201 Phone: 618-875-7295

Type of services: Housing, Employment & Training; Senior Services, Human Services, Youth Services
Explanation of services: Alternative education program including an annual summer youth program, Tuition assistance, educational field trips, GED tutoring & job training for adults. Senior program offering fun activities and outings for seniors. Women's circle gathers monthly to learn, discuss, and share issues that affect their lives. The Family Center Comprehensive Support System Housing Program seeks to improve the quality of life for low-income families by constructing quality, affordable homes, by providing free homeownership education (credit counseling, budgeting, home maintenance, minor home repairs, etc.) and by partnering with our clients to build their credit, secure a home loan and ultimately become homeowners.
Cost & Eligibility requirements: No cost; call for eligibility details

EYES OF HOPE https://vspglobal.com/cms/vspglobal-outreach/gift-certificates.html

Students through 19 years of age: Contact your child's school nurse to request a VSP sights for student's gift certificate through the national association of school nurses

The services listed in this directory can change at any time due to funding and/or resources available.

Adults and children of any age: Contact one of the community partners or reach out to Prevent Blindness, the Lions Club, members of National Association of Community Health Centers or UnidosUS.

***Type of resources**: Medical; Youth services*

***Explanation of services**:* This program provides free eye exams and glasses to low income & the uninsured who meet the criteria.

***Cost** & **Eligibility requirements**:* See website for details

FONTEBELLA MATERNITY SHELTER www.fontebella.org

Caritas Family Solutions - Agency Headquarters

8601 West Main Street Ste 201, Belleville IL 62223 Phone: 618-213-8700 Email: outreach@caritasfamily.org

Type of resources: Housing; Women's Services

Explanation of services: Free, full-service home for young women 16 and older in an unplanned or crisis pregnancy without a place to live. They provide a home environment where residents participate in goal planning, and educational programs focused on providing the knowledge and skills they need to live independently and to provide for their children. Care begins when resident arrives and ends when she and her baby have a safe environment in which to return.

Cost** & **Eligibility requirements: call for details

GATEWAY EITC COMMUNITY COALITION www.gatewayeitc.org

Locations: Edwardsville IL, Godfrey IL, Pontoon Beach IL, Granite City IL, East St. Louis IL

Location phone numbers & addresses: http://www.gatewayeitc.org/uploads/3/4/4/3/34431373/2020_sites.pdf

T*ype of resources:* Money Matters

***Explanation of services**:* Free federal and state tax preparation.

***Cost** & **Eligibility requirements**:* No cost; call for eligibility details

GOOD SAMARITAN CENTER www.gsmmetro.org

5000 N Park Dr, East St Louis IL 62204 Phone: 618-482-3950 or 618-719-1638 (cell)

***Type of services**:* Youth Services, Food, Clothing, Human services

***Explanation of services**:* Weekly church services, bible study, youth discipleship, afterschool program PreK – 6th, college & tuition assistance, life coaching for young adults, Food pantry, clothes closet, and provide laundry and shower facilities

***Cost** & **Eligibility requirements**:* None

GOOD SAMARITAN HOUSE www.goodsamhouse.org

1825 Delmar Ave, Granite City IL 62040 Phone: 618-300-7255

Email: Rashonda Thomas, operational manager lthomas@goodsamhouse.net

The services listed in this directory can change at any time due to funding and/or resources available.

Type of services: Housing, Women's services, Youth services
Explanation of services: Empowering moms to move off the streets & on with their lives. Provides residents with a warm, safe place to stay for 90 days, providing 3 meals & 2 snacks daily, assistance to keep or re-enroll children in school, life skills such as healthy meal planning and job interview coaching, assistance to apply for programs like WIC & SNAP, Teach residents about budgeting and credit, daily life skills and offer parenting groups.
Cost & Eligibility requirements: No cost; serves homeless mother with children

HEALTH VISIONS https://healthvisions-midwest-east-st-louis.business.site/?utm_source=gmb&utm_medium=referral

1269 N 89TH Ste #3, East St Louis IL 62203 Phone: 618-271-7000 Hours Monday – Friday 8:30am – 5pm
Type of services: Senior Services, Transportation, Disabled services
Explanation of services: Provide transportation to medical and non-medical appts for seniors 60 and older. Assists seniors with enrollment in Medicare and Medicaid. Provide license plate renewal discount for disabled and seniors
Cost & ***Eligibility requirements:*** Resident of St Clair county; call for details

HELP AT HOME https://www.helpathome.com/

12 Emerald Terrace, Swansea, IL 62226 Phone: 618-355-9612
Type of resources: Human Services, Miscellaneous, Transportation, Medical
Explanation of services: Housekeeping, laundry, meal preparation, grocery shopping, escort to medical services and personal care.
Cost & Eligibility requirements: Serves Monroe, Randolph, St Clair, Madison, Bond, Clinton and Washington county; Call for more information.

HELPING HANDS MEDICAL TRANSPORTATION

2125 S Belt West, Belleville IL 62226 Phone: 618-239-9900 Hours: Monday – Friday 8am – 4pm
Type of resources: Transportation, Disabled services
Explanation of services: Provides transportation to medical and dental appts, dialysis and cancer treatment, therapy sessions & the pharmacy. has cars, minivans, large passenger vans, and wheelchair vans. Serves most of St Clair county and a limited portion of Madison county.
Cost & Eligibility requirements: Accepts IL Medicaid, other insurance or private pay; Call for eligibility details

HOUSE OF NEIGHBORLY SERVICE https://www.monroecountyhns.org/

1331 Jamie Lane, Waterloo IL 62298 Phone: 618-939-8900 Help Line 618-939-8680 Monday – Thursday 9am – 3pm
Type of resources: Clothing, Food Pantry, Human Services, Senior Services, Employment Services

The services listed in this directory can change at any time due to funding and/or resources available.

Explanation of services: Clothing, Emergency food pantry, emergency backpacks for homeless, birthday party bags for children, pass-thru fund for catastrophic medical events, case-by-case financial assistance, financial counseling, job searches, resume writing, senior services @ senior apartments & connections to other resources

Cost & Eligibility requirements: Resident of Monroe county, Call for details

ILLINOIS DEPARTMENT OF HUMAN SERVICES www.dhs.state.il.us

225 N. 9th St, East St Louis IL 62201 Phone: 618-583-2300 or 833-2-FIND-HELP

Type of resources: Human Services, Miscellaneous

Explanation of services: Temporary Cash Assistance, SNAP (Food Stamps/LINK), Medical Assistance, Rehabilitation Services, Childcare assistance

Cost & Eligibility requirements: Call for details

IMMIGRATION PROJECT https://www.immigrationproject.org/

211 Landmark Dr, Suite B3A, 211 Landmark Dr Normal IL 61761 Phone: 309-829-8703 ext. 108 Mon – Thu 10am – 6pm

Email: smellor@immigrationproject.org

Type of resources: Immigration Services, Legal Services

Explanation of services: Offers immigration representation to low income families for naturalization, green card renewal, family based immigration petitions, etc… Provide social services including case management and referrals to access resources in the community.

Cost & Eligibility requirements: Call for details

INFANT LOSS RESOURCES www.infantlossresources.org

1120 South 6th St Ste 500, St Louis MO 63104 Phone: 314-822-2323

Type of resources: Furniture, Family Services

Explanation of services: Mothers with babies without cribs may be eligible to receive a crib if they cannot afford one. Service include education for mothers on the dangers of unsafe sleeping and support to those who have lost an infant to SUID.

Cost & Eligibility requirements: No cost, Call for details

INTERNATIONAL INSTITUTE www.iistl.org

3401 Arsenal St, St. Louis, MO 63118 Phone: 314-773-9090

Type of resources: Immigrant Services

Explanation of services: Offer immigrants essential economic and cultural integration services, including English classes, employment, orientation, and citizenship preparation.

Cost & Eligibility requirements: Call for details

The services listed in this directory can change at any time due to funding and/or resources available.

JACKIE JOYNER-KERSEE CENTER www.jjkfoundation.org

101 Jackie Joyner Kersee Circle, East St Louis IL 62204 Phone: 618-274-5437

Type of resources: Youth Services

Explanation of services: Programming to enrich the lives of the youth of East St Louis. afterschool program includes academic programming and homework help. Summer camp program is an extension of afterschool program that offers programs all day. Meals and snacks are provided, and transportation is offered for afterschool program. Also offer various sports programs for youth to enroll in if interested.

Cost & Eligibility requirements: See website and/or call facility for cost of programs and additional details

JOIN HANDS ESL https://joinhandsesl.org/

Ubuntu Center for Peace Orr Weathers Bldg 17 1400 Missouri Ave East St. Louis, IL 62201

Phone: 618-857-2600

Type of resources: Youth Services

Explanation of services: Youth programming that includes classes and programs, recreation, education and athletic opportunities. Family and teen mentoring services and the Ubuntu center for peace where individuals can come for help.

Cost & Eligibility requirements: No cost; call for eligibility information

LAND OF LINCOLN LEGAL AID www.lincolnlegal.org

8787 State St, East St Louis IL 62203 Phone: 618-398-0958

Type of resources: Legal Services, Disabled Services

Explanation of services: Provide eligible low-income and senior residents of central and Southern IL with high quality civil legal services to obtain and maintain their basic needs. Legal services for consumer law, education law, elder law & disability rights, family law, health & economic security, and housing law.

Cost & Eligibility requirements: No cost must be an Illinois resident

LESSIE BATES DAVIS NEIGHBORHOOD HOUSE www.lessiebatesdavis.org

1200 N 13th St, East St Louis IL 62205 Phone: 618-874-0777

Type of resources: Youth Services; Senior Services; Clothing, Family Services, Employment Services

Explanation of services: Services include: Daycare, community & youth services; family support services, recreation programs, clothing. Senior program with daily activities & meals. Meals on wheels program. Assist clients with resumes and job search, offer computer lab for clients to search for jobs online.

Cost & ***Eligibility requirements***: Call for details

The services listed in this directory can change at any time due to funding and/or resources available.

LI-HEAP ST CLAIR COUNTY www.co.st-clair.il.us/departments/grants/pages/default.aspx

27 N. Illinois St, Belleville IL 62222 Phone: 618-257-9246 Hours: Mon – Fri 8:30am – 5pm
19 Public Square Ste 200, Belleville IL Phone: 618-277-6790

Type of resources: Utility Assistance
Explanation of services: Provides high quality affordable childcare to children 0 to 5 years of age.
Cost: *No cost*
Eligibility requirements: Call for details

LI-HEAP CLINTON COUNTY https://clintonco.illinois.gov/economic-development/

625 N. Second St, Breese IL 62230 Phone: 618-526-7123 or 618-594-4146 Hours: Mon – Fri 8am – 4pm

Type of resources: Utility Assistance
Explanation of services: Assists individuals with utility bills
Cost & Eligibility requirements: Call for details

LIFEWISE STL ECONOMIC MOBILITY SERVICES www.lifewisestl.org

1321 South 11th St, St Louis MO 63104 Phone: 314-421-0400
City Harvest Market Hours: Wed 9am – 12pm Thur 10am – 12pm & 4pm – 6:30pm
The Bodega Hours: Thu 10am – 2pm & 4:pm – 6:30pm

Type of resources: Human Services, Youth Services, Senior Services, Family Services, Food pantry, Clothing
Explanation of services: Help individuals and families achieve economic well-being by providing high impact, relationship-based programming and by addressing systemic barriers to success. Offer early childhood center, after-school program and summer camp, senior companion program, health and wellness program for adults, city harvest market to provide fresh healthy foods and the Bodega provides access to affordable, essentials for families such as clothing, baby supplies, personal care and household items.
Cost & ***Eligibility requirements***: Call for details

LINC INC (LIVING INDEPDENDENTLY NOW CENTER OF SOUTHERN ILLINOIS) http://www.lincinc.org/

15 Emerald Terrace
Swansea IL 62226
618-235-9988
Hours: Monday – Thursday 8AM – 5PM

332 N Main St
Red Bud IL 62278
618-282-2123
Hours: Monday & Thursday 9AM - 4PM

Type of resources: Disabled services, Housing, Medical
Explanation of services: Helping individuals with disabilities through education, advocacy, and independent living.

The services listed in this directory can change at any time due to funding and/or resources available.

Deaf and/or hard of hearing - Offer assistive devices, oral interpreters and information on cc at movie theaters and amplified phone testing. Clients can apply for a free phone if they are certified to be deaf or hard of hearing.
Community reintegration program - assist individuals with home & community-based services to support independence in community. This can include locating & securing affordable housing, rent, security deposit assistance, assistive equipment, household items, case management, provide personal assistance.
Equipment Loan Program/ Assistive Technology Re-utilization Program – Provide a temporary replacement during times of repair, short term usage or waiting for replacement equipment from insurance providers. Devices include: manual wheelchairs, canes, crutches, walkers, shower chairs, toilet seats, recreational devices, seating cushions, and back supports.
Peer to Peer Counseling –provides opportunity for individuals to meet others with same or similar life challenges - free
Computer Literacy – provides one-on-one training on internet and email – free
***Cost & Eligibility requirements**:* Call for details, serving St Clair, Monroe & Randolph county

LUTHERAN SOCIAL SERVICES OF ILLINOIS www.lssi.org

1408 State St, East St Louis IL 62205 Phone: 618-601-3459
***Type of Resources**:* Senior services, Re-Entry, Family & Youth Services, Mental Health, Substance Abuse, Human Services, Disabled services
Explanation of services: Senior services include non-medical assistance such as personal care, housekeeping, meal preparation and companionship.
Re-entry services provide an outreach worker to help create an individual plan including employment, education, personal needs and family relations.
Visits to moms provides children & their caregiver free transportation to visit their mothers who are incarcerated and are too far away to visit.
The storybook project records parents as they read a book for their chil(ren) and mail the book and recording to the children, children's community services including family support & foster care, behavioral health services – substance abuse, mental health, disabilities.
***Cost** & **Eligibility requirements**:* Call for details

METRO EAST HUMANE SOCIETY https://www.mehs.org/

8495 IL-143, Edwardsville, IL 62025 Phone:618-656-4405 Hours: Mon – Sat 11:30am – 5pm, Sun 11:30am – 3pm
***Type of Resources**:* Pet Services
Explanation of services: Adoptable pets, Microchip/vaccine clinic, Spay & neuter program, Pet food pantry and TNR services.
Vaccine & Microchip clinic dates & cost found here: https://www.mehs.org/vaccine-and-microchip-clinic no appointment needed
Low cost/Low income spay & neuter clinic details found here: www.mehs.org/spay-and-neuter-program appointments are required
Cost & ***Eligibility requirements***: Available to anyone, Call for details

The services listed in this directory can change at any time due to funding and/or resources available.

METRO EAST VET CENTER www.vetcenter.va.gov

228 West Pointe Dr, Swansea IL 62226 Phone: 314-894-6105 Hours: Mon, Tue, Thu, Fri 8am – 5:30pm; Wed 8am – 6pm

***Type of Resources**:* Veteran services

Explanation of services: Individual & group counseling for veterans, service members and their families; bereavement counseling; military sexual trauma counseling; substance abuse assessment & referral, employment referral and other VA Service referrals

Cost & Eligibility requirements: *:* No cost, must be a veteran of the US military

METRO REDUCED FARE PROGRAM https://www.metrostlouis.org/reduced-fare-program/ St. Clair County Transit: https://scctd.org/passes/

314-982-1495 314-982-1495 only if disabled and under 65 Hours: Monday – Friday 8am – 4pm

***Type of Resources**:* Transportation, Senior Services, Disabled Services

Explanation of services: Seniors aged 65+, customers with disabilities & customers who possess a Medicare id are eligible for our reduced far program and enjoy a break when riding metro. Senior reduced fare permit allows seniors 65+ to ride metrobus and Metrolink for ½ price.

Cost & ***Eligibility requirements***: Must have state ID, call for details

MOMS ON A MISSION www.facebook.com/momsonamission618.stl

440 McBride Ave, Dupo, IL Phone: 618-286-3631 Hours: Fri – Sat 9am – 3pm

***Type of services**:* Family Needs, Clothing, Food, Household Goods

Explanation of Services: Pay or pray thrift shop, everything is a quarter, or they say a quick prayer with you. Help with food, clothes, hygiene items & household goods

Cost & Eligibility requirements: Items cost $0.25 or they can say a prayer with you if unable to pay

OASIS WOMEN'S SHELTER https://www.womenshelters.org/cit/il-alton

111 Market St, Alton IL 62202 Phone: 618-465-1978 (24hrs a day)

***Type of services**:* Domestic violence resources; housing

***Explanation of services**:* Provides shelter and supportive services for victims of domestic violence including counseling, job skills training, job search/placement, legal assistance, food and clothing and crisis intervention services.

Cost & ***Eligibility requirements***: All services are confidential and free of charge

The services listed in this directory can change at any time due to funding and/or resources available.

OUR BROTHER'S KEEPER www.obkministry.org

614 N 7th St, East St Louis IL 62201 Phone: 618-271-7821

Type of services: Re-entry

Explanation of services: Provides life skill and job skill classes to formerly incarcerated men and women transitioning out of prison and back to their families and communities. Offer probation and individual classes, Literacy and GED program.

Cost & ***Eligibility requirements***: No cost, call for details

PCs for People https://www.pcsforpeople.org/metroeast/

100 Florida Ave., Belleville IL 62221 Phone: 618-215-3787 Hours: Mon – Fri 10am –4pm

Email: belleville@pcsforpeople.com

Type of services: Technology

Explanation of services: Provides opportunity for all low-income individuals to benefit from computers and mobile internet offering devices including laptops, PC's, headsets, keyboards and monitors and high-speed 46LTE internet service at an affordable rate per month. This organization also provide tech recycling

Cost & Eligibility requirements: Call for cost and eligibility details

PREGNANCY CARE CENTER

180 S 3RD St Ste 50, Medical Arts Bldg. Lower Level, Belleville, IL Phone: 618-233-2273 Hours: Tue -Thur 10am – 2pm

Type of services: Clothing, Youth Services, Family Services

Explanation of services: A new mom can visit the center after the birth of a child and receive a layette containing items needed to care for a baby such as clothes, towel, burp pads, bibs, blankets, bottles, diapers, etc. To receive a layette a birth certificate is required. Anyone in need can visit the center monthly and receive supplies for their children such as diapers, pull-ups, formula, children's clothing (up to size 6). Sometimes they have bigger items such as cribs, strollers, high chairs if they are needed.

Additional services: Referrals to get assistance and/or medical care and information pamphlets

New clients should call and discuss their needs.

Cost & Eligibility requirements: No cost; Call for details

PROJECT COMPASSION www.projectcompassionnfp.org

6609 W Main , Belleville, IL 62223 Phone: 618-397-1790

Type of services: Housing, Youth Services, Employment & Training, Women's Services

Explanation of services: Provide programs aimed to increase the employability of clients served while providing training to successfully transition individuals from homelessness to independents. Programs assist and address high need areas including socialization, life skills, and developing leadership abilities.

The services listed in this directory can change at any time due to funding and/or resources available.

The Compassionate Resource Center is for young women and girls to find resources and support to survive their current state of poverty or as they build a successful life despite the odds against them.

Cost & ***Eligibility requirements****: W*omen 15 – 35 and youth in grades 6 – 12 who are low income and/or in jeopardy of being homeless; call for more details

PROSPERITY CONNECTION www.prosperityconnection.org/excel-center-classes-and-events/

2337 S Kingshighway Blvd Ste 2, St. Louis, MO 63110 Phone: 314-499-9698 Hours: Mon – Fri 9am –5pm

Type of services*:* Money Matters

Explanation of services*:* Provides financial education, affordable financial services, resources. Free financial coaching and money management education, as well as low-cost banking options. See website for classes and to register.

Cost & ***Eligibility requirements****:* Call for details

RED ROVER www.redrover.org

Phone: 916-429-2457 Email*:* info@redrover.org Hours: Mon – Fri 8:30am – 4:30pm PST (10:30am – 6:30pm CST)

Type of services*:* Pet Services

Explanation of services*:* Abuse victims or low-income pet owners can receive temporary shelter for their pets, help with financial assistance, resources & emotional support when experiencing a major crisis.

Cost & Eligibility Requirements: Call for details or visit website

RIVERBEND PET FOOD PANTRY - https://www.mehs.org/riverbend-pet-food-pantry

#2 Emma Kaus Lane (Off Of 140 & Fosterburg Rd), Alton, Il Phone: 618-660-4910 or 618-656-4405

Type of services*:* Pet Services

Explanation of services*:* Pet food pantry providing one month worth of food per animal, up to 3 animals per household. Required to complete an application online here: Pet food pantry application.

Cost & Eligibility requirements*:* Call for details; Required to provide photo ID, proof of income, and shot or rabies record.

RX OUTREACH www.rxoutreach.org

PO Box 66536, St Louis mo 63166 Phone: 800-796-1234

To Enroll Go To: https://rxoutreach.org/how-to-enroll-in-rx-outreach/

Type of services*:* Medical services

Explanation of services*:* Fully license non-profit mail order pharmacy. Offers lower cost medication with no membership fees or shipping fees. Does not file claims with insurance companies.

Cost & ***Eligibility requirements****:* Visit website or call for details

The services listed in this directory can change at any time due to funding and/or resources available.

SALVATION ARMY www.salvationarmy.org

20 Glory place Belleville IL Phone: 618-235-7378
616 N. 16th St, East St. Louis, IL Phone: 618-874-3136

Type of services: Food pantry, utility assistance, clothing, Housing

Explanation of services: Offers a food pantry, as well as assistance with delinquent water bills, utility assistance, a clothes closet and emergency hotel/motel assistance. Provide holiday meals to those in need and assist families by providing after-school programs, case management services and homeless prevention serves.

Cost & ***Eligibility requirements***: No cost; call for details

SIUE SCHOOL OF DENTAL MEDICINE www.siue.edu/dental/patient-clinics/

East St Louis Center Campus, 601 James R Thompson Blvd, 2nd Floor Bldg. D, East St Louis IL 62201
Phone: 618-482 – 6980 or 618-474-7000
Services are also available at the SIUE Alton and Edwardsville campus, see website for address and phone
Monday – Friday 8am – 5pm, Appointments are required

Type of services: Medical

Explanation of services: Affordable dental services for adults and pediatrics including routing cleanings and emergency services.

Cost & eligibility requirements: Varies depending on services; Student clinics are generally 1/3 of the fee of a private practice dentist; Graduate clinics average 2/3 of the fee of a private practice dentist. School of dental medicine does accept IL Medicaid & most insurance plans; Call for details

SLEEP IN HEAVENLY PEACE www.shpbeds.org

Local Chapter is out of Maryville, IL IL-Metro East
Phone: 844-432-2337 ext 5532

Type of services: Furniture, Youth Services

Explanation of services: Volunteers build, assemble, and deliver twin beds or bunkbeds and bedding to children who do not have a bed.

Cost & Eligibility Requirements: Complete application here: https://www.tfaforms.com/4941594 , serves residents of St Clair & Madison county

SOUP - N - SHARE www.soupnshare.org

1 Caine Dr, Madison IL 62060 Phone: 618-709-7500 Office Hours: Wed 10am – 4:30pm, Fri 10am – 5:30pm

Type of services: Food, Youth Services, Clothing, Employment & Job training, Senior Services, Family Services

The services listed in this directory can change at any time due to funding and/or resources available.

Explanation of services: Free clothing for anyone referred through a human service organization school or church. Provides emergency food & hygiene program for displaced or homeless students. Provide job skills opportunities. Commodity supplemental food program provides low income seniors 60+ food boxes. The diaper project provides clean diapers to low income families of Madison county. Adopt-a-family program supports a family in need for 12 months
Is a worksite with the community service program in Madison & St Clair county so individuals can fulfil the court-imposed penalty. Offers hot meals (Ravenelli's) on Friday's 12 – 1pm except on the 4th Friday of the month.
Cost & ***Eligibility requirements***: Call for details

SOUTHWESTERN IL COLLEGE PROGRAMS AND SERVICES FOR OLDER PERSONS www.swic.edu/community/senior-programs/psop/

201 N Church St, Belleville IL Phone: 618-234-4410
Hours: Monday – Friday 8am – 4:30pm

Type of services: Senior Services, Transportation
Explanation of services: Provide a wide variety of direct & referral services to older adults, as well as their families & caregivers. Also offer volunteer opportunities, transportation services, and a wellness program.
See website or call for list of all programs and services offered
Cost & ***Eligibility requirements***: Call for details

ST CLAIR COUNTY INTERGOVERNMENTAL GRANTS www.co.st-clair.il.us/departments/intergovernmentalgrants

19 Public Square #200, Belleville IL 62220 Phone: 618-277-6790

Type of services: Human Services, Medical, Utility assistance, Employment & Job Training, Home Repairs (Housing)
Explanation of services: Programs include: Community Services Block Grant (CSBG) - services include but are not limited to rent/mortgage assistance, dental and prescription assistance, lice kids, child care co-pay, hot water heater repair or replacement, limited automobile repair/payment. CSBG 618-825-3263 or 618-825-3277 Hours: Monday - Friday 8:30 AM – 4PM
Weatherization - Provides grants for labor, materials, and installation needed to weatherize their home, or to make furnace repairs or replacement. Liam Field 618-825-3251 Lfield@Co.St-Clair.Il.Us or Nancy Wilson 618-825-3276 Nancy.Wilson@Co.St-Clair.Il.Us
Community development – new home construction, homebuyer assistance, housing rehabilitation Workforce development – workforce preparation & employment system designed to meet needs of job seekers & those who want to further their careers.

St. Clair County
Southwestern IL Worknet
Comprehensive Center
4519 W Main St
Belleville IL 62223

Clinton County
930 Fairfax
Carlyle IL 62231
618-594-4520

Monroe County
100 S Main St Rm 19
Waterloo IL 62298
618-939-3332

Cost & ***Eligibility requirements:*** Call for details

The services listed in this directory can change at any time due to funding and/or resources available.

ST CLAIR COUNTY VETERANS ASSISTANCE COMMISSION https://www.co.st-clair.il.us/departments/veterans-assistance

19 Public Square, Belleville IL 62220 Phone: 618-277-0040

Type of services: Veterans Services

Explanation of services: Assist veterans, widow of a veteran or the minor child of a veteran. Provide food & hygiene vouchers, rent and utilities.

Cost & Eligibility requirements: Call for details

ST LOUIS AREA DIAPER BANK www.stldiaperbank.org

6141 Etzcel Ave, St. Louis MO 63133 Phone: 314-624-0888

Type of services: Diapers and period supplies

Explanation of services: Provide diapers and period supplies to those in need. Items can be picked up at St Louis County and City Library Locations as well as the Soup and Share Outreach Program in Madison IL (618)709-7500

Cost & Eligibility requirements: No cost or eligibility requirements

ST VINCENT DEPAUL HELP CENTER & DROP-IN CENTER www.svdpsouthil.org

3718 State St Phone: 618-271-6230

East St Louis IL 62203

Drop-In center hours 7PM – 7AM, seven days a week

Cosgrove's Soup kitchen – Free noon meal

Type of services: Food Pantry, Human Services, Clothing, Housing, Employment & Training, Money Matters, Furniture, Appliances

Explanation of services: Outreach ministry center – Services including personal identification program to get and/or replace someone's ID & birth certificate, transportation, homeless services, budgeting classes, resume writing, applications for housing & social security, computer center, job skills classes & job search assistance, gear up/career gear clothing assistance, prison re-entry services, utility & rental assistance, furniture, appliances and mattresses for those who qualify. Night drop-in center is open 7pm – 7am and serves as a safe haven for all who come to spend the night. It is a bridge to existing services already provided. Thrift store – low cost clothing, household goods, and other merchandise is available for purchase. Mobile kitchen bus – brings meals into neighborhoods to feed the hungry four nights a week. Job link – volunteers research the area job market & publish employment opportunities weekly: Job postings Gear up and career gear - provides job interview clothing for men and women. Also offer services including job interviewing tips, resume writing, training in life skills and referrals for mentoring and literacy.

Cost & Eligibility requirements: Call for details; Serves residents of Belleville, Cahokia, Caseyville, Columbia, East St Louis, Fairview Heights, Germantown, Lebanon, Mascoutah, Millstadt, O'Fallon, Pinckneyville, Waterloo

The services listed in this directory can change at any time due to funding and/or resources available.

ST VINCENT DE PAUL – CLINTON COUNTY

602 Church St, Germantown IL 62245 Hours: Monday 10:30am – 1pm

Type of services: Utility assistance, Food pantry

Explanation of services: Food pantry and provides financial assistance for utilities or rent.

Cost & Eligibility Requirements: No cost***;*** Call for details

SOCIAL SECURITY ADMINISTRATION www.ssa.gov

1670 Lebanon Ave
Belleville IL 62221
877-405-0471
Monday – Friday 9am – 4pm except Wednesday is 9am – 12pm

650 Missouri Ave Room 104
East St Louis IL 62201
877-405-0471
Monday - Friday 9am – 3pm except Wednesday is 9am – 12pm

Type of services: Miscellaneous

Explanation of services: Social Security Needs, disability benefits, etc.

Cost & Eligibility requirements: No cost; Call for details

SOUTHERN IL HEALTHCARE FOUNDATION - SIHF

2001 State St, East St Louis IL 62205 Phone: 618-271-9191 Hours: M – F 8am – 5pm; After hours clinic M – F 5 – 7pm & Sat 9am – 12pm

Type of services: Medical

Explanation of services: Provides medical care to men, women, and children of all ages

Cost & Eligibility requirements: Varies, based on need, income. Accepts insurance*:* Call for eligibility details

TASC INC – AREA 9 SOUTH CENTRAL IL www.tasc.org

340 S Fillmore St, Edwardsville, IL 62025 Phone: 618-656-7672

Hours: Monday – Friday 8:30am – 4:30pm

Type of services: Re-Entry

Explanation of services: Provides re-entry case management services to help parolees successfully transition to their communities. Provides alcohol and drug assessments and referrals for treatment. Can also provide referrals for mental health, housing support, education, job training, emergency shelter, emergency food, primary healthcare, and transportation.

Cost & Eligibility requirements: Assessment if free, treatment cost varies; Call for eligibility details

THE JOSEPH CENTER www.thejosephcenter.org

5020 State St, East St Louis IL 62205 Phone: 618-271-4673

Type of services: Veterans Services, Housing

The services listed in this directory can change at any time due to funding and/or resources available.

Explanation of services: Transitional housing center that affords practical services for homeless male veterans striving for self-sufficiency. They provide trauma informed care to housing, intensive case management, clothing, meals, hygiene products, substance use group, transportation assistance, career exploration options and various life skills services

Cost & Eligibility requirements: No cost; Referral process: potential residents are referred directly from a substance abuse treatment program. All veterans must be eligible through Hope recovery center. Call Hope Recovery at 314-652-4100 for eligibility information.

THE VIOLENCE PREVENTION CENTER www.vpcswi.org

800-924-0096 or 618-235-0892

To schedule an appointment for legal advocacy, call:

618-825-2694 St Clair county 618-826-5000 ext. 173 Randolph county 618-978-0319 Monroe county

Type of services: Domestic Violence Resources, Legal Services, Housing, Youth Services

Explanation of services: We offer comprehensive services to survivors of domestic violence including emergency shelter for the survivor and their dependent children, counseling services for adults and children, legal advocacy around domestic violence issues, and a 24-hour emergency hotline.

Cost & Eligibility requirements: Call for details, serves men & women

UNITED WAY www.helpingpeople.org

910 N 11th St, St Louis MO 63101 Phone: Call 211

Type of services: Miscellaneous

Explanation of services: Variety of services including assistance with food, shelter, help establish financial stability, foster learning, improve health & strengthen communities

Cost & Eligibility requirements: Call for details

URBAN LEAGUE www.ulstl.com

10220 Lincoln Trail, Fairview Heights IL 62208 Phone: 618-274-1150

Hours: Monday – Friday 8am – 5pm

Type of services: Youth Services, Money Matters, Utility Assistance, Legal Services, Clothing, Food Pantry, Employment & Job Training

Explanation of services: Provides community services and solutions to African Americans and others in need. Economic opportunity - job training, employment services, business training center, financial literacy, save our sisters, anti-crime initiative. Community empowerment – utility assistance, housing counseling, first time home buyer classes, clothing & food pantries. Civil rights & advocacy - voter registration

Cost & Eligibility requirements: No cost, except for home ownership classes; Call for eligibility details

The services listed in this directory can change at any time due to funding and/or resources available.

WESTERN EGYPTIAN E.O.C. https://weeoc.org/monroe-county-office/

207 West Fourth Street (Rear), Waterloo IL 62298 Phone: 618-939-8715 or 618-443-5231 Senior Program Phone: 618-965-3458

Type of services: Human Services, Food Pantry, Housing, Youth Services, Money Matters, Senior Services, Utility Assistance

Explanation of services: Food pantry, weatherization, energy assistance, homeless assistance, Head Start, tax and insurance assistance, emergency food and shelter, budget counseling and housing counseling, information & referral services. For seniors 60+: provides meals, social, recreational, educational & informational activities.

Cost & Eligibility requirements: Call for details; Services are available to eligible residents of Monroe, Randolph, Perry, and Jackson county and Dupo and East Carondelet area of St Clair County may be eligible to receive senior meals delivered to their residence.

The services listed in this directory can change at any time due to funding and/or resources available.